Reflections

Tuesday, December 15, 2020

Notes to self on training NDE

This act is an extraordinary privilege. It is an honor to be invited into a participant's journey of self-discovery. Very often they share experiences they have held close for years. Very often they share the most meaningful experiences they've had as a result of the work we're doing. To witness individuals transform in front of your eyes is a gift without price. Here's a story.

> Sol took Gateway 20 years ago. During that program his deceased father came to him. Trained as an engineer he showed him schematic drawings of a hydrogen engine. He invested in eight companies as a result. A couple of years ago, he saw drawings of the new engine in a popular science magazine and it was exactly as drawn 20 years ago.
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> He wanted his Gateway experience again. NDE Intensive was a disappointment as no such revelations happened. Yet, on Wednesday he was asking questions of his father, getting no answers, until he heard a voice that said, "I am with you always. Lighten up." He recognized the vibration and realized that his father had been communicating with him all these years, only in a way he didn't recognize until now. Gotta love that.

Two great phrases heard in NDE Intensive

"Was-bund" (former husband) ~Muppe Glick
"It's better than perfect, it's done!" ~Linda Hendrix

Instant feedback on last night's interview

Fantastic show! I had listeners message me in the middle of the show asking for you to Come back!

~Michelle

Welcome and problems

"You're welcome," is not the same as, "it's my pleasure."
and
"No problem," is not the same as, "I'm happy to help."

These sentences are the closing parentheses of a simple conversation that opens with "thank you."

We have to say something. The "thank you" demands acknowledgement.

It could be, "okay, now we're even."

Or we could express satisfaction at having the ability to make a contribution. We can continue the infinite game instead of simply walking away.

That might be more satisfying all around. A wave is more powerful than a grimace.
~Seth Godin

Jot
An almost magical idea, a tiny little word, a chance to make it real.

If someone tasks you with carving something profound into a block of granite, the emotional overhead is probably too high to do our best work.

But if you simply want to jot something down, all you need is an iota, a tiny glimpse of what might work.

It turns out that just about all granite-worthy ideas begin as jots.

Simply jot.
~Seth Godin

Enjoy your day,
Scott